

# Quest High School Breakfast Menu

November 2018

29	30	31	1 Egg & Cheese Bagel Grapes Apple Juice	2 Powdered Sugar French Toast Sticks Diced Peaches Fruit Juice
5 Bagel w/ Cream Cheese Diced Pears Fruit Juice	6 Breakfast Sliders Orange Apple Juice	7 Glazed Donut Applesauce Fruit Juice	8 Egg & Cheese English Muffin Grapes Apple Juice	9 <i>Fossil Fuel Friday</i> Hard Boiled Egg Jurassic Grahams Diced Peaches Fruit Juice
12 <b>NO SCHOOL</b>	13 Confetti Pancakes Orange Apple Juice	14 Cheese Omelet & Toast Applesauce Fruit Juice	15 Powdered Sugar Donut Holes Grapes Apple Juice	16 Sausage Cheese English Muffin Diced Peaches Fruit Juice
19 Biscuit & Gravy Diced Pears Fruit Juice	20 <b>NO SCHOOL</b>	21 <b>NO SCHOOL</b>	22 <b>NO SCHOOL</b> Happy Thanksgiving!	23 <b>NO SCHOOL</b>
26 Sausage & Cheese Biscuit Diced Pears Fruit Juice	27 Oatmeal w/ Brown Sugar & Granola Orange Apple Juice	28 <b>National French Toast Day!!!</b> Mini Cinnamon French Toast Applesauce Fruit Juice	29 Scrambled Eggs & Toast Grapes Apple Juice	30 Sausage Breakfast Pizza Diced Peaches Fruit Juice

**Offered Daily:**

String Cheese  
Assorted Milk  
Raisins

**Offered Weekly:**

Monday = Poptart  
Tuesday = Breakfast Bar  
Wednesday = Cereal  
Thursday = Muffin  
Friday = Variety

Menu subject to change without notice.

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