

ATTENTION PARENTS

2016-2017 HEALTH REQUIREMENTS

6th grade:

- ☑ Physical exam –“Dated within one year of the first day of school”
- ☑ Health history (completed and signed by parent/guardian)
- ☑ Diabetes Screening Assessment (practitioner report)
- ☑ Proof of 1 Meningococcal shot (MCV4) –given at age 10 years or later.
- ☑ Proof of 1 Tdap (Adult Tetanus, diphtheria, and pertussis) shot–given at age 7 years or later
- ☑ Proof of 3 Hepatitis B shots (normally given in infancy –most students are already compliant)
- ☑ 2 Varicella (Chicken Pox) shots or proof of having had the disease
- ☑ Dental Examination –Due May 15th –“Dated within 18 months prior to May 15th”

9th grade:

- ☑ Physical exam –“Dated within one year of the first day of school”
- ☑ Health history (completed and signed by parent/guardian)
- ☑ Diabetes Screening Assessment (practitioner report)
- ☑ 2 Varicella (Chicken Pox) shots or proof of having had the disease

12th grade:

- ☑ Proof of 2 Meningococcal shots (MCV4) –with second dose given at age 16years or later.

**If the first dose of MCV4 was given at age 16 years or later, then only one dose of MCV4 is required.*

NOTE: You MUST submit proof of these requirements no later than Friday, October 15, 2016 or your student will be excluded from school until you submit the required documents.

SCHOOL PHYSICALS - The "school" physical exam form must be completed on the 2/2013 updated "Certificate of Child Health Examination" form.

(http://www.idph.state.il.us/health/vaccine/child_hlth_forms/Child_Hlth_Exam_Cert.pdf).

The health care provider may indicate approval for sports for one year on that form.

SPORT PHYSICALS - are required annually (valid for 395 days); the parent and athlete must complete / sign the health history. The IHSA / IESA sport form (<http://www.ihsa.org/documents/sportsMedicine/2013-14/Pre-participation%20Examination%202013-14%20042413.pdf>) is NOT accepted as proof of the "school" physical exam.

MEDICATION AUTHORIZATION - For students to take their medication at school, the District 150 Medication Authorization and Release Form must be completed and turned in to the school office annually. For inhalers only, a Xerox copy of the prescription label on the box substitutes for the health care provider portion of the form.

For Epipens, the Illinois Food Allergy Emergency Action Plan and Treatment Authorization should be turned in at the school office. It can be found at: http://www.isbe.net/nutrition/pdf/food_allergy_emer_action_plan.pdf

For students with diabetes, the DMMP (Diabetes Medical Management Plan) serves as their insulin / glucagon order:

<http://www.childrenshospitalofillinois.org/pdfs/specialty-services/pdrc/DMMP-Student-Requiring-Insulin-Therapy.pdf>